



ANNOUNCING



NUTRITION BULLETIN BOARD CONTEST—ADULT

SPONSORED BY CHILD AND ADULT NUTRITION SERVICES—DOE
AND COORDINATED SCHOOL HEALTH

GO!

Design an eye-catching bulletin
board for teenagers

GO!

Promote eating fruits and
vegetables and/or physical
activity

GO!

Compete for prizes

CONTEST OPENS
DECEMBER 1, 2008

ENTRIES CLOSE POSTMARKED
MARCH 2, 2009

SEND ENTRIES TO
KARLYS WELLS
SNF 212 BOX 2275A
BROOKINGS, SD 57007

SEE _____
AT YOUR SCHOOL FOR MORE
INFORMATION.

• **PRIZE VALUES**

- **1st place \$250**
- **2nd place \$100**
- **3rd place \$50**

• **CHOOSE FROM:**

- **Teaching materials
from Produce for
Better Health**

• **WHAT TO INCLUDE:**

1. **A clear and detailed
drawing or digital
file of your bulletin
board design**
2. **A reproducible copy
of the components
(paper or digital)**
3. **Name, address,
phone, school,
position that you hold**

• **JUDGING CRITERIA:**

- **Accurate information**
- **Attractive and
appealing to teens**
- **Able to be reproduced
by others**

CONTACT WITH QUESTIONS:

Karlys Wells,
SDSU Cooperative Extension,
SNF 212, Box 2275A, Brookings, SD 57007
605-688-4039 karlys.wells@sdstate.edu





ANNOUNCEMENT DETAILS



NUTRITION BULLETIN BOARD CONTEST

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GO!

Young children are quite easily engaged by bulletin boards. Instead challenge yourself to use your creative skills to design a motivating bulletin board for teenagers.

GO!

Keep the principles of promotion of fruits and vegetables and/or physical activity in mind as you write your message. See examples of appropriate messages for teenagers in *Nutrition Essentials* at <http://teamnutrition.usda.gov/Resources/nutritionessentials.html>

GO!

Adult category entries include any adult school staff (teachers, administrators, food service, aides, bus drivers, etc). Adult entrants compete for prizes from the Produce for Better Health catalog to use with students in their school.

GO!

Student category entries include students in grades 7-12. Student entrants compete for prizes that promote healthy activity including a variety of sports equipment.

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You may want to name a local contact person—someone who will post flyers, advertise through announcements, encourage classes to do a project, collect and mail entries.

• PRIZES

- 1ST place \$250 value
- 2ND place \$100 value
- 3RD place \$50 value
- Adult category chooses from Teaching materials from Produce for Better Health
- Student category chooses from a variety of sports equipment which may include such items as hiking gear, GPS system, dance revolution, or sports package (balls, gloves, weights, etc).

WHAT TO INCLUDE:

1. A clear and detailed drawing or digital file of your bulletin board design
2. A reproducible copy of the components (paper or digital). A PowerPoint file may work well.
3. Name, address, phone number, school, grade if a student, and position that you hold if adult.
4. Mail paper files and/or CD to Karlys Wells, SNF 212 Box 2275A, Brookings, SD 57007.

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CONTACT WITH QUESTIONS:

Karlys Wells, Team Nutrition Project Leader,
SDSU Cooperative Extension, SNF 212, Box 2275A
Brookings, SD 57007
605-688-4039, karlys.wells@sdstate.edu

